



CEDAR CREST BUDDIES NEEDED

Chilton Medical Center's Community Health Advisory Committee (CHAC) is working with Cedar Crest's leadership team to offer emotional support and social interaction to Cedar Crest residents.

Many of the 1,500+ residents of this senior living community have been unable to leave their apartments since social distancing measures were adopted in the middle of March. They have meals delivered to their rooms 3 times per week but essentially, these seniors have been unable to leave the confines of their small apartments for 3 months.

This is taking a significant toll on the well-being of the residents, especially those who live alone, have little family support, mobility issues and early onset dementia. Even as businesses begin to open up in NJ, there will not be any relaxation of these social distancing practices at Cedar Crest given that the elderly are the most at-risk members of our community to coronavirus. It is likely that these conditions will persist for months.

The CHAC is looking for members of the community who would be willing reach out to Cedar Crest residents by phone and provide some human interaction and connection on a weekly basis.

Cedar Crest social workers are identifying those residents they believe are most in need and will obtain their permission to participate in this program.

Cedar Crest is also preparing a training video that will outline some best practices for volunteers to follow and describe what to expect when placing phone calls to residents.

Anyone who is interested in becoming a Cedar Crest Buddy should contact

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