



THE BOROUGH OF RINGWOOD



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April 1, 2020

Dear Ringwood residents,

Ringwood has been sharing the importance of social distancing, handwashing and not touching your face for several weeks now. It is time to reinforce the importance of these measures, whether you are at work, home or in a store. You need to have the mindset that people with the coronavirus, whether symptomatic or asymptomatic, are everywhere and anywhere. I know this because I am doing the case investigations. So, please:

1. Maintain at least a 6 foot distance (7 foot preferable) between you and everyone else.
2. Wash your hands frequently...using a paper towel to turn off the faucet, open the door, turn off the light.
3. Use hand sanitizer frequently.
4. Do not touch your face!
5. Stock up on at least a month's worth of supplies/food if you are able. The less you have to go into a store, the less exposure you have.

We want to keep you and your families safe and healthy! Please share with all your families, employees, volunteers.

Stay Well!

Jeannette Davison RN, BSN, MSN, APN-c

Public Health Nurse Supervisor