
Annual Report 2019



FEBRUARY 2020

RINGWOOD HEALTH DEPARTMENT

60 Margaret King Ave, Ringwood, NJ 07456

www.ringwoodnj.net

Kathleen Skrobala, Health Officer



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MISSION

The mission of the Ringwood Health Department is to create a culture of health for everyone that lives, works or plays in Ringwood. We accomplish this by providing environmental stewardship, valuable health services, partnerships for health promotion, and emergency preparedness.

SERVICES OFFERED

The health department offers the services of a licensed health officer (HO), registered environmental health specialist (REHS), public health nurse supervisor and public health nurses (PHN), certified health education specialist (CHES), board-certified pediatrician (MD), certified municipal registrar (CMR), and animal control officer (ACO). To keep costs down, Ringwood utilizes shared services agreements for some of the services provided.

BOARD OF HEALTH

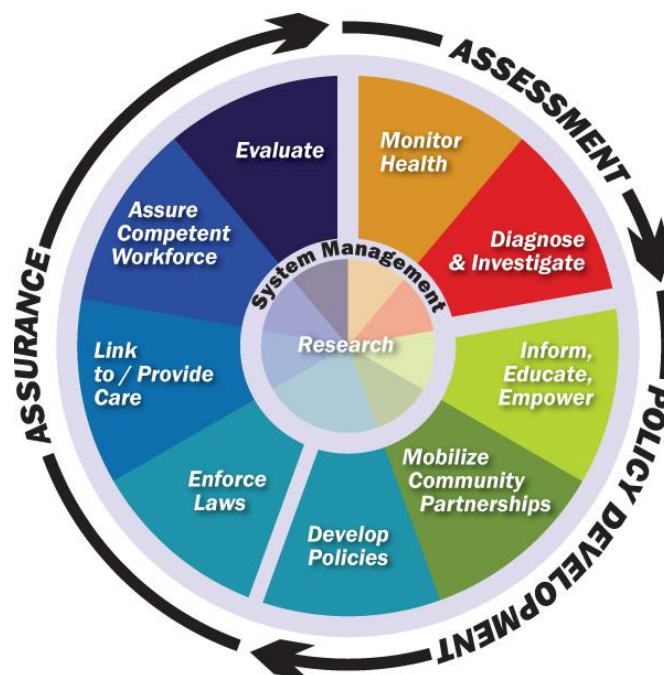
The Ringwood Board of Health (BOH) is comprised of dedicated men and women, often with advanced degrees, that bring their passion and expertise to help steer programs and policies that impact the health of this beautiful community. The BOH reviews public health trends, discusses issues and events that happen on a local, state-wide and national level, while assessing best practices to guide the health department in meeting the 10 essential public health services.

“Having lived in Ringwood my entire life I could not image a better place to live and raise a family. Our community is full of dedicated individuals who appreciate their neighbors, the wonders of nature around us, and our shared values. This describes the members of our Ringwood Board of Health. They are volunteers who willingly share their time and expertise to keep our community healthy, our citizens educated, and our environment protected. They are neighbors helping neighbors and represent the best of our community. We are grateful for the support and leadership of the Board and all of the borough officials and volunteers who work together to make Ringwood a community we are not only proud of, but also fortunate to call home.”

Donna Kirby, President Board of Health

THE 10 ESSENTIAL PUBLIC HEALTH SERVICES

1. Monitor health status to identify and solve community health problems
2. Diagnose and investigate health problems and health hazards in the community
3. Inform, educate, and empower people about health issues
4. Mobilize community partnerships and action to identify and solve health problems
5. Develop policies and plans that support individual and community health efforts
6. Enforce laws and regulations that protect health and ensure safety
7. Link people to needed personal health services and assure the provision of health care when otherwise unavailable
8. Assure competent public and personal health care workforce
9. Evaluate effectiveness, accessibility, and quality of personal and population-based health services
10. Research new insights and innovative solutions to health problems



RINGWOOD AT A GLANCE

Square Miles	27.4
Number of Households	4,200 (approximate)
Population (2010 census)	12,228
Population Density	446 people/square mile
Gender	Male 50.07% Female 49.93%
Age	<18 years 24.7% 18-24 years 7% 24-44 years 23.7% 45-64 years 33.1% >65 years 11.3%
Race	White 92.48% 2 or More Races 1.88% Asian 1.74% Black or African American 1.36% Native American 1.24% Other 1.2%

Community Health Needs Assessment

Ringwood participated in the Passaic County Community Health Needs Assessment in 2016 through the North Jersey Health Collaborative. The top 5 health issues identified are “Access to Healthcare, Caregiver Health, Heroin, Diabetes and Cardiovascular Diseases.” Workgroups have been formulating strategies to address these issues. A complete report can be found at

http://www.njhealthmatters.org/content/sites/njhc/Passaic_County_CHNA_Final.pdf

2019 STAFF DIRECTORY

<i>STAFF</i>	<i>CONTACT</i>
Kathleen Skrobala, RN, BSN, MA, HO Health Officer	973-962-7079 x122 kskrobala@ringwoodnj.net
Donna Ruccione, REHS Registered Environmental Health Specialist	973-962-7079 x124 druccione@ringwoodnj.net
Jeannette Davison, RN, MSN, APN Public Health Nurse Supervisor	973-962-7079 x126 jdavison@ringwoodnj.net
Peri Kuehn, CMR Certified Municipal Registrar	973-962-7079 x123 pkuehn@ringwoodnj.net
Doreen Bracken Health Department Assistant	973-962-7079 x125 dbracken@ringwoodnj.net
Aurea DeLeon, CHES Certified Health Education Specialist Chilton Medical Center	973-831-5455 Aurea.DeLeon@AtlanticHealth.org
Lisa Perry, ACO, ACI Animal Control Officer Bloomingdale Animal Control Services	973-838-8959 lperry@bloomingdalenj.net

RINGWOOD BOARD OF HEALTH MEMBERS

<i>MEMBER</i>	<i>TERM EXPIRES</i>
Donna Kirby, Chairperson	12/31/2020
Verne Taukus, Vice Chairperson	12/31/2021
Alan Fedeli	12/31/2020
Melinda Leone	12/31/2022
Sarah Lenington	12/31/2020
Kimberly Maher	12/31/2020
Dr. Melissa Scollan-Koliopoulos	12/31/2021

2019 ORGANIZATIONAL CHART

BOARD OF HEALTH (BOH)

Health Officer

Registered Environmental Health Specialist	Public Health Nurse Supervisor & Public Health Nurses	Administrative Secretary/Registrar of Vital Statistics	Health Department Assistant
<ul style="list-style-type: none"> ● Food Surveillance ● Sewage Disposal ● Potable Water Supply ● Site Plan Review ● Insect & Rodent Control ● Lake & Stream ● Pollution Control ● Camp Inspections ● Public Bathing ● Nuisance Investigations ● Solid Waste Investigations ● Air Pollution Control ● Noise Control ● Ragweed & Poison Ivy ● School Inspections ● Food Handlers' Course 	<ul style="list-style-type: none"> ● Child Health Clinic ● Maternal & Child Health ● Hypertension Screenings ● TB Control ● Communicable Disease Investigations ● Lead Screening ● Vaccinations ● SMAC Clinic ● Health Education ● Stroke Screening ● Hearing/Vision Screening ● Home Visits ● Cancer Screenings ● Wellness Challenge 	<ul style="list-style-type: none"> ● Vital Statistics ● Birth Certificates ● Death Certificates ● Marriage Licenses ● Certified Copies ● Dog/Cat Licenses ● Collect and Process Fees ● Permit Applications ● Dog/Cat Bite Notifications ● Septic Logs ● Schedule Test Holes ● Answer Phones ● File 	<ul style="list-style-type: none"> ● OPRA Requests ● Document Scanning ● Pumping Permits ● Answer Phones ● File ● Collect and Process Fees ● Dog/Cat Licenses

SHARED SERVICES

Health Education	Animal Control
<ul style="list-style-type: none"> ● Wellness Challenge ● Cardiovascular <ul style="list-style-type: none"> ● Cancer ● Diabetes ● Vaping ● Stigma-Free ● School Programs 	<ul style="list-style-type: none"> ● Rabies Control ● Rabies Clinics ● Dog/Cat Licensing ● Dog/Cat Canvassing ● Animal Shelter ● Wildlife Management ● Quarantine

100TH ANNIVERSARY OF THE RINGWOOD BOARD OF HEALTH
February 13, 2019



Ringwood BOH Members receive recognition at the 100th Anniversary celebration and Annual BOH Meeting held on February 13, 2019 at the Skylands Manor.

HEALTH EDUCATION AND PROMOTION

Health Education programs are provided under the guidance of the Public Health Nurse Supervisor. Programs and screenings are provided by the Ringwood Health Department, Community Health Department of Chilton Medical Center and in collaboration with wonderful community partners such as ShopRite and the Ringwood Public Library. We also have interns from William Paterson University and Montclair State University providing many educational and tabling events during the year. There were over 3,000 participants that benefited from programs such as heart health, skin cancer screening, summer wellness activities and vaping education. We also continue to provide a robust anti-vaping campaign as this is still a serious health issue for young people. Below are some of the programs that were offered:

Anti-Vaping Campaign – *provided for 7th & 8th grade classes, back-to-school nights, community events and at the lakes – approximately 1,100 participants*

Live SugarFreed Campaign – *provided in the schools, lakes and other events – 270 participants*

CHILTON HEALTH EDUCATION STATISTICS Activity	# of Sessions	# of Participants	Location
Blood Borne Pathogens Presentation	1	32	Erskine Lakes Fire Department
Dental Health Lesson	1	18	Christ the King
Germ Busters Lesson	1	19	Christ the King
Healthy Heart Lesson	1	181	Christ the King
Heart Health Day	1	20	Ringwood Library
Heart Health Day: Stroke Screening	1	12	Ringwood Library
Heart Health Day: Thyroid and Carotid Artery Screening	1	13	Ringwood Library
Heart Health Day: Blood Pressure Screening	1	12	Ringwood Library
Hewitt Back to School Night	1	75	Eleanor G. Hewitt Intermediate School
Lakeland Back to School Night	1	75	Lakeland Regional High School
Safe Sitter	1	7	Little Beach Clubhouse

Skin Cancer Screening	1	25	Ringwood Library
Wellness Challenge: Kick-Off	1	51	Ringwood Library
Wellness Challenge: Finale	1	25	Ringwood Library
Wellness Challenge: Cardio Strength Training	8	83 (average: 11)	Ringwood Botanical Garden
Wellness Challenge: Meditation	7	38 (average: 6)	Ringwood Botanical Garden
Wellness Challenge: Yoga	12	158 (average: 14)	Ringwood Botanical Garden
Wellness Challenge: Zumba	2	31	Erskine Lakes Firehouse
Wellness Challenge: All About Herbs	1	12	Ringwood Library
Wellness Challenge: Sugar Control	1	121	Ringwood Library
Wellness Challenge: Better For You BBQ	1	8	Ringwood Library
Wellness Challenge: Cool Meals For Hot Weather	1	8	Ringwood Library
Wellness Challenge: Healthy Hydration	1	6	Ringwood Library
Wellness Challenge: Healthy Snack Bar	1	61	Ringwood Library
Wellness Challenge: The Sun & Your Skin	1	8	Ringwood Library
Wellness Challenge: Energy-Boosting Foods	1	20	ShopRite of Oakland
Wellness Challenge: Cooking with Spices	1	252	ShopRite of Oakland
Wellness Challenge: Back-to-School Snack	1	403	ShopRite of Oakland
Wellness Challenge: No-Cook Meals	1	534	ShopRite of Oakland
Wellness Challenge: Ringwood Farmers Market	8	N/A	Maggie's
Wellness Challenge: West Milford Farmers Market	6	N/A	Presbyterian Church

HEALTH EDUCATION CAMPAIGNS

Three important education campaigns in 2019 were “Stigma-Free,” “Live SugarFree” and “Anti-Vaping”



STIGMA-FREE

The Borough of Ringwood was awarded a grant in 2019 from Chilton Medical Center to raise awareness and advertise valuable resources about Stigma-Free. The Stigma-Free initiative aims to reduce the stigma associated with mental health conditions and substance use disorders. Individuals who are struggling with these disorders often do not seek treatment because of the shame they feel from themselves and others. By educating our community, people will seek the treatment they deserve. We hope to mobilize family, friends and neighbors to offer compassion and support. Helping just one person get well, helps our entire community. Here are the programs that were offered in 2019:

****Mental Health First Aid Training (for first responders, teachers and community members) – 13 participants***

****Mental Health Mondays (relevant health topics offered at the Ringwood Library) – 2 sessions with 9 participants***

****Education tabling at various events in Ringwood – 425 participants***

****Supporting the “Steps Against Stigma” walk-a-thon at Lakeland Regional High School***



PUBLIC HEALTH NURSING

Public Health Nursing is the practice of promoting and protecting the health of populations using knowledge from nursing, social and public health sciences. The Public Health Nurse Supervisor coordinates and provides services for all age groups in Ringwood. These services include health screenings, well-child check-ups, pediatric and adult immunizations, school immunization audits, communicable disease investigations, home visits to vulnerable individuals and emergency preparedness. A board-certified Pediatrician provides services for the Child Health Clinic, and per diem public health nurses and other health professionals aid the Public Health Supervisor in many screenings and clinics.

Public Health Nursing

Program	2018 # Sessions	2018 # Participants	2019 # Sessions	2019 # Participants
Child Health Clinic	8	26	8	39
Pediatric Immunizations	8	59	8	49
Blood Pressure Screening	8	56	7	25
Heart Health Screening	1	18	1	13
Know Your Numbers	3	99	4	137
Stroke Screening	1	10	1	12
Skin Cancer Screening	1	11	1	25
TB Screening		34		25
Adult Immunizations		160		178
School Immunization Audits	13		11	
Blood-Borne Pathogen Training	1	50	2	77
Home Visits		11		8
Communicable Disease Investigations		97		145
Referrals for Medical		21		7
Anti-Vaping Counseling		3		4

ENVIRONMENTAL HEALTH SERVICES

Environmental health is the branch of public health concerned with monitoring or mitigating those factors in the environment that affect human health and disease. All aspects of the natural and built environment are monitored by a Registered Environmental Health Specialist (REHS) that has gone through extensive training and licensure. Timely inspections of retail food establishments, septic systems, lakes, camps and public health nuisances are conducted. Local and state regulations, such as **Chapter 24** (N.J.A.C. 8:24) “*Sanitation in Retail Food Establishments and Food and Beverage Vending Machines*” are enforced. Environmental stewardship through education and grant activities help to maintain the pristine beauty of the New Jersey Highlands Region.

Retail Food Establishments

Key Facts & Activities	2018 Data	2019 Data
# of Licensed Food Establishments	37	48
# or Retail Food Establishment Plans Reviewed	1	1
# of Pre-Operational Inspections	1	1
# of Routine Inspections	104	96
# of Establishments Requiring Enforcement	4	0

Youth Camps

Key Facts & Activities	2018 Data	2019 Data
# or Pre-Operational Inspections	1	2
# of Routine Inspections	1	1
# of Emergency and Complaint-Related Inspections	0	0

Recreational Bathing

Key Facts & Activities	2018 Data	2019 Data
# of Licensed Seasonal Facilities	8	8
# of Pre-Operational Inspections	8	8
# of Routine Inspections	8	8
# of Non-Routine Inspections	8	8
# of Emergency and Complaint-Related Inspections	2	0
# of Lake Closures	1	0

Onsite Wastewater Disposal Systems

Key Facts & Activities	2018 Data	2019 Data
# of New System Permits Issued		1
# of Repair Permits Issued	61	73
# of Alteration Permits Issued	42	66
# of Systems in Ringwood	4200 (approx.)	4200 (approx.)
# of Noncompliant Systems Identified	4	19
# of Realty Transfer System Reports Reviewed	197	225

Public Health Nuisance Complaints

Key Facts & Activities	2018 Data	2019 Data
# of Complaints Received	27	50
# of Complaints Investigated	27	50
# of Complaints that Required Enforcement	10	30

Other Inspections

Key Facts & Activities	2018 Data	2019 Data
# of Beauty Salons Inspected	7	7

ANIMAL CONTROL

Animal Control Services are provided through a shared services agreement with the Borough of Bloomingdale. With the oversight of the Animal Control Officer (ACO), Lisa Perry, and her staff, they provide compassionate and competent services for domestic pets and wildlife. Services include support with animal licensing, canvassing and enforcement; rabies control through rabies vaccine clinics, enforcement of state and local laws, and investigation of suspected cases of rabies; responding to calls about strays or animals in distress; and all other requests related to animals. An annual free rabies clinic is held each year in November to vaccinate dogs and cats. Annual licensure of dogs/cats is required each year by January 31st.

Animal Control Services

Key Facts & Activities	2018 Data	2019 Data
# of Dogs Licensed	1340	1692
# of Cats Licensed	347	404
# of Rabies Vaccines Given at Clinic	147	250
# of Incidents Where an Animal Bit a Human	7	20
# of Incidents Where a Rabid or Suspected Rabid Animal Bit a Human	0	1
# of Incidents Where a Rabid or Suspected Rabid Animal Bit a Domestic Animal	2	0
# of Unimmunized Domestic Animals Confined for Rabies Observation After Biting a Person or Animal	0	0



VITAL STATISTICS

Vital statistics pertain to the record keeping of births, deaths and marriages that occur in Ringwood. They are provided through the services of a Certified Municipal Registrar, Deputy Registrar and Alternate Registrar. Services encompass marriage and civil union licenses, birth certificates and death certificates. Certified copies of the above are obtained at the Health Department.

Vital Statistics

Key Facts & Activities	2018 Data	2019 Data
Marriage or Civil Union Licenses	63	59
Marriage Licenses Certified Copies		172
Birth Certificates	1	1
Birth Certificates Certified Copies		11
Death Certificate Certified Copies	24	36
Total Certified Copies Issued	231	219



2020 GOALS

The Ringwood Health Department strives to maintain the highest level of service to our community. We will continue to provide robust health programs and oversight of the environment. While maintaining current services, we will also set goals for the upcoming year that positively impact the health of our residents and the environment.

2020 GOALS
<i>Install Walking Path at Eleanor G. Hewitt School</i>
<i>Install Outdoor Exercise Equipment Along Walking Path</i>
<i>Oversee Watershed-Based Assessment of the Lakes</i>
<i>Develop Vaping-Cessation Support Program for Youth</i>
<i>Enact Ordinances That Protect the Environment</i>
<i>Continue Stigma-Free Campaign</i>
<i>Continue Anti-Vaping Campaign</i>

