

Field Hockey

1. Who can participate?

Ringwood and Wanaque Girls

Clinic: Kindergarten-4th Grades

Travel Team: 5th-8th Grades (4th Graders only if they have participated in the clinic program)

2. When are games?

Travel Team games are on Saturdays between 12:00 & 3:00. Games begin the Saturday after Labor Day & go until 1st week in November

3. When are practices?

Clinic: One day per week (TBD)

Travel Team: 2 days per week (TBD)

Field availability is dependent on the High School Team Schedule. Once that is set, our days are set. Email coach for additional info.

4. Where do practices occur?

Wanaque School field, One 1st Street, Wanaque, NJ

5. When is the season?

Clinic: Middle of September thru end of October

Travel Teams: Beginning of August thru 1st week of November

6. What equipment is needed?

REQUIRED:

Clinic: Shin Guards, Mouth Guard

Travel Team: Shin Guards, Mouth Guard, Goggles, and Practice Pinnie (info to follow once registered)

OPTIONAL:

All: Field Hockey Stick (we have some to loan out) & ball

Registration is done through Wanaque Recreation
EMAIL lakelandjrfh@gmail.com with any questions