

Girls Softball

1. Who can participate?

Age 7 (1st grade) thru age 14 are eligible to play.

Rookies: 1st grade & 2nd grade

Minors: Age 9-10

Majors: Age 11-12

Juniors: Age 13-14

All age levels have travel team opportunities during summer and/or fall. Travel does not overlap or interfere with Rec season.

2. When are games?

Most teams generally play one or more games on weeknights and one on Saturday. Rookies play against teams from Ringwood and Wanaque. Minors, Majors & Juniors play against teams from Ringwood, Wanaque, Pompton Lakes and Triboro (Bloomingdale, Butler, Kinnelon area).

3. When are practices?

Practice may take place any weeknight evening, or anytime on Saturday. Most teams will practice one or two times per week, depending on age level.

4. Where do games/practices occur?

Most games and practices will take place at Stonetown Field, Happ Field, Ryerson School Lower Field in Ringwood, or Back Beach Fields in Wanaque.

5. When is the season?

Early April through mid-June

6. What equipment is needed?

A fielder's glove and cleats are only requirements. Your coach will provide each player with a uniform shirt and socks. Most parents choose to purchase their

child's own batting helmet, but each coach will provide helmets. We also recommend that you have a heart guard, long softball pants and a protective fielder's mask. Bats are provided by your coach, but many parents also opt to purchase their own bat, as well as batting gloves. Visors are optional.

Rookies use an 11" safety (squeezable) ball

Minors use a standard 11" softball.

Majors & Juniors use a standard 12" softball

7. What else do I need to know?

Rookies play "instructional games" and score is not kept. Coaches do most of the pitching and can be on the field instructing during the game. Minors, Majors & Juniors play an official Little League 10-14-game schedule, plus playoffs.

Additionally, an All-Star team is selected to participate in a district tournament after the regular season. For more info on Rec Girls Softball or about travel softball, please visit ringwoodsoftball.com.