

Join Us

# RINGWOOD RECREATION 2022

## TENNIS REGISTRATION

*The Fun Starts Here!*



### 7 SESSIONS - ALL CLASSES PROVIDED BY US SPORTS INSTITUTE

- ◆ Register online at [COMMUNITYPASS.NET](http://COMMUNITYPASS.NET) under the season "Spring 2022"

### Which Class is right for your child? Foundation or Development?

**Foundation Tennis** is designed to introduce beginners and those with some experience to the fundamentals of tennis. Each session will focus on a specific skill including stroke technique, serving, court awareness, and rallying.

**Development Tennis** is ideal for the intermediate to advanced player looking to enhance their skills and decision making abilities. Participants will work towards refining their technique, generating consistent rallying skills, and grasping how to dictate direction of play to make game winning shots.

All classes will be 50 minutes to help continue with COVID protocols. The coach will use the 10 minutes at the end of the session to sanitize before the next class.

#### **Foundation Tennis**

Thursdays, 4/28 through 6/9

Ages 5-7: 5:00-5:50 PM

Ages 8-10: 6:00-6:50 PM

Ages 11-14: 7:00-7:50 PM

Rain Make-up Date 6/16

#### **Foundation Tennis**

Tuesdays, 4/26 through 6/7

Ages 5-7: 5:00-5:50 PM

Rain Make-up Date 6/14

**EVERY PLAYER  
RECEIVES A  
DRI FIT SHIRT!**

#### **Development Tennis**

Tuesdays, 4/26 through 6/7

Ages 8-10: 6:00-6:50 PM

Ages 11-14: 7:00-7:50 PM

Rain Make-up Date 6/14



### **All Players Must Provide Their Own Racquet**

Any questions, contact the Rec Department at [recdept@ringwoodnj.net](mailto:recdept@ringwoodnj.net) (973) 475-7171