



RINGWOOD'S



SUMMER WAVES OF WELLNESS

Join us for a FREE screening to monitor your heart health and diabetes risk!

Monday, June 23rd from 12-3pm

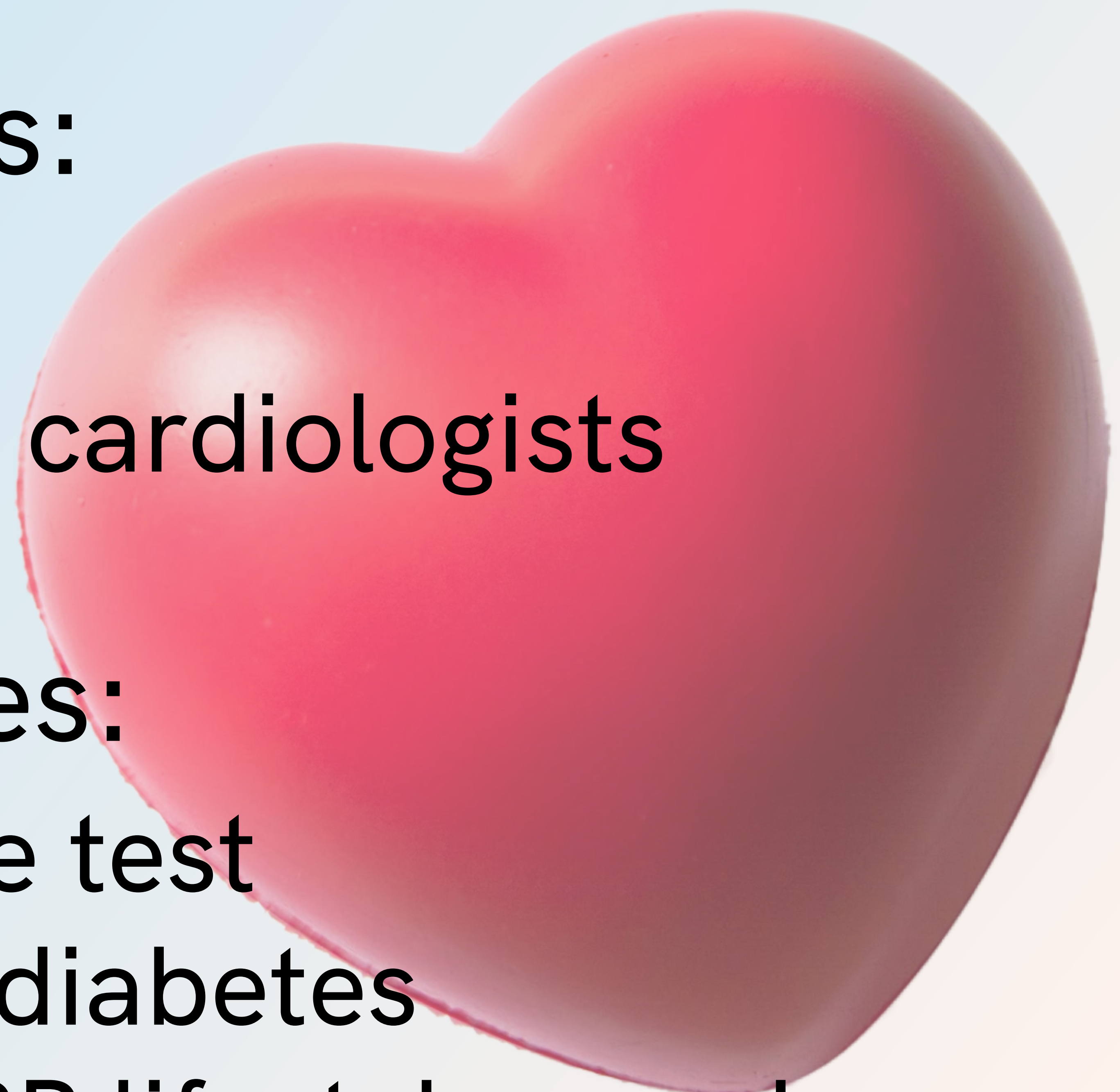
At the Ringwood Community Center (2nd Floor) 112 Erskine Road

Cardiac Screening Includes:

- ♥ Blood pressure check
- ♥ Consultation with expert cardiologists

Diabetes Screening Includes:

- ♥ Finger stick blood glucose test
- ♥ Consultation with expert diabetes educators and ADCES DPP lifestyle coach



Register at [Community Pass](#) under "Health Department Programs 2025" to make an appointment.

For additional questions, please e-mail:
jbruno@ringwoodnj.net