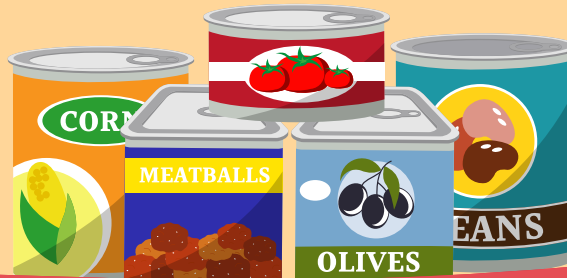




# *Ringwood Health Department's Winter Food Drive*



**DECEMBER 12<sup>TH</sup>- JANUARY 9<sup>TH</sup>**



## **What Can I Donate?**

Canned Tuna, Canned Chicken, Canned fish, Nut Butters, Canned Beans, Dry Beans or Lentils, Rice, Pasta/ Instant Noodles, Quinoa, Boxed Macaroni & Cheese, Instant Mashed Potatoes, Oatmeal, Cereal, Breakfast Bars/Granola Bars, Canned Fruits or Vegetables, Canned Tomatoes/Sauce, Applesauce, Soups& Ready to Eat Meals, Canned stews, Canned Pasta Meals, Broths, Crackers, Trail Mix, Dried Fruits, Pretzels, Popcorn, Chips, Protein Bars, Water, Shelf Stable Milk, Giftcards to Fresh Grocer/Shoprite

*\*Pop top cans are preferred\**



## **Drop off Locations:**

Food for Thought, Deliberate Fitness, Class Act, Ringwood Paint & Wallpaper, Lucky 7 , The Only Orly Group, Struck Fitness, Nail Time & Ringwood Community Center.