

OCTOBER, 2025

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM		Senior Club Pickleball 9:00-12:00				Senior Club Pickleball 9:00-12:00	
10:00 AM			Free Zumba Gold 10:00-11:00	Yoga 10:00-11:15	Free Zumba Gold 10:00-11:00		
10:15 AM							
10:30 AM				No Session on 10/15		Pilates UPSTAIRS 9:30-10:30	Pilates UPSTAIRS 10:30-11:30
11:00 AM							
11:15 AM							
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM							
2:00 PM	Adult Pickleball 2:00-5:00 No session on 10/26						
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:15 PM							
4:30 PM							
5:00 PM							
5:00 PM							
6:00 PM					Youth Volleyball 6:00-8:00	Adult Pickleball 6:00-9:00	
6:15 PM							
6:30 PM		Yoga 6:30-7:45 No Session on 10/14	Fall Basketball Training 7:00-9:00				
7:00 PM							
7:15 PM							
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							