

OCTOBER, 2026

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
9:00 AM		Senior Club Pickleball 9:00-12:00	Walk Inside CC 9:00-10:00	Walk Inside CC 9:00-10:00	Walk Inside CC 9:00-10:00	Senior Club Pickleball 9:00-12:00 No Session on 10/23	Total Body Training 9:00-10:00 No Session on 10/24		
9:30 AM			Free Zumba Gold 10:00-11:00	Yoga 10:00-11:00	Free Zumba Gold 10:00-11:00	Pilates - UPSTAIRS 9:30-10:30	Pilates - UPSTAIRS 10:30-11:30 No Session on 10/24		
10:00 AM					No session on 10/8				
10:30 AM			Toddler Free Play 9:30-10:30 UPSTAIRS						
11:00 AM			Toddler Free Play 9:30-10:30 UPSTAIRS						
11:15 AM									
11:30 AM									
12:00 PM									
12:30 PM									
1:00 PM									
1:30 PM									
2:00 PM	Adult Pickleball 2:00-4:00								
2:30 PM									
3:00 PM									
4:00 PM	No session on 10/25								
4:15 PM				Mindful Creations Art Class 4:15-5:15 5:30-6:30 No 10/14 or 10/21					
4:30 PM									
5:00 PM									
5:30 PM									
6:00 PM					Youth Volleyball 6:00-7:00 Gr 1st-3rd 7:00- 8:00 Gr 4th/5th	Adult Pickleball 6:00-8:00 No session on 10/23			
6:30 PM			Yoga 6:30-7:45						
7:00 PM									
7:30 PM									
8:00 PM									
8:30 PM									
9:00 PM									
9:30 PM									

BINGO - 10/21/2026