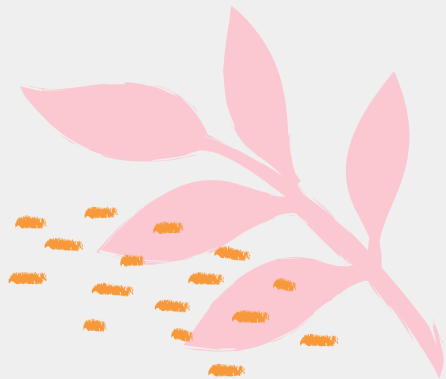


Ringwood Recreation 2025

the fun starts here!



LIMITED
SPOTS
AVAILABLE

Classical Pilates SUMMER!

5 Weeks
\$30

Strengthen Your Mind & Body!

Improve
Flexibility
and
Posture

Monday Evenings

6:15 p.m. - 7:15 p.m.

6/9, 6/16, 6/23,
6/30 & 7/7

Sculpt,
Tone, and
Renew
Your Body

Ringwood Community Center - Upstairs - 112 Erskine Road

Register online at CommunityPass.net under the season "Adult Sports & Exercise Programs"

Instructor: Karen Westhelle

Questions? Email recdept@ringwoodnj.net or (973) 475-7171