

Ringwood Recreation 2026 *the fun starts here!*

YOGA - SPRING

Register online at CommunityPass.net under the season
"Adult Sports and Exercise Programs 2025-2026"

TUESDAYS EVENINGS - 8 CLASSES - \$40

6:30-7:30 PM

MARCH 17, 24, 31, APRIL 7, 14, 21, 28, MAY 5

**** PICK ONE SESSION (NO SUBSTITUTIONS) ****

WEDNESDAYS MORNINGS - 7 CLASSES - \$35

10:00-11:00 AM

MARCH 18, 25, APRIL 8, 15, 22, 29, MAY 6

(NO SESSION ON APRIL 1ST)

Ringwood Community Center, 112 Erskine Road

INSTRUCTOR: VIOLETTE ESSMAN

Please bring your own yoga mat



Questions? email recdept@ringwoodnj.net or call (973) 475-7171