## Borough of SUNDAY Ringwood

**Senior Calendar** 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
YOGA You must register on CommunityPass.net & pay for the program	29 Trip Coordinator Pat Telschow (201) 953-4723 Ryan LaCorte/Evie Leenas Recreation (973) 475-7171	30 HEWITT SCHOOL WALKING/FITNESS PATH Available before 9:00 a.m. & after 3:45 p.m. during school days	10:00-11:00 a.m.  GENTLE YOGA- Community Ctr  10:00 a.m12:00 p.m.  SENIOR BOCCE - Bocce Courts	10:00 - 10:45 a.m.  ZUMBA GOLD - Community Ctr  12:30-3:30 p.m.  Ringwood Seniors Social - CC	9:00 a.m 12:00 p.m. SENIOR CLUB PICKLEBALL Community Center	04
05	9:00 a.m 12:00 p.m.  SENIOR CLUB PICKLEBALL  Community Center	07 10:00 - 10:45 a.m. ZUMBA GOLD - Community Ctr 6:30-7:30 p.m. YOGA - Community Ctr.	08 10:00-11:00 a.m. GENTLE YOGA- Community Ctr 10:00 a.m12:00 p.m. SENIOR BOCCE - Bocce Courts	09 10:00 - 10:45 a.m. ZUMBA GOLD - Community Ctr	9:00 a.m 12:00 p.m.  SENIOR CLUB PICKLEBALL Community Center  5:00-7:00 p.m. Ringwood Ambulance Auxilary FISH & CHIPS	11
12	9:00 a.m 12:00 p.m.  SENIOR CLUB PICKLEBALL  Community Center	14 10:00 - 10:45 a.m. ZUMBA GOLD - Community Ctr NO EVENING YOGA	NO MORNING YOGA  10:00 a.m12:00 p.m.  SENIOR BOCCE - Bocce Courts	16 10:00 - 10:45 a.m. ZUMBA GOLD - Community Ctr 12:30-4:00 P.M. Ringwood Seniors Meeting-CC	9:00 a.m 12:00 p.m. SENIOR CLUB PICKLEBALL Community Center	18
19	9:00 a.m 12:00 p.m. SENIOR CLUB PICKLEBALL Community Center	21 10:00 - 10:45 a.m. ZUMBA GOLD - Community Ctr NO EVENING YOGA	NO MORNING YOGA  10:00 a.m12:00 p.m. SENIOR BOCCE - Bocce Courts	10:00 - 10:45 a.m. ZUMBA GOLD - Community Ctr	9:00 a.m 12:00 p.m. SENIOR CLUB PICKLEBALL Community Center	25 1:30-3:30 p.m. TRUNK OR TREAT Ringwood Park & Ride 30 Cannici Drive
26	9:00 a.m 12:00 p.m.  SENIOR CLUB PICKLEBALL  Community Center	28 10:00 - 10:45 a.m. ZUMBA GOLD - Community Ctr 6:30-7:30 p.m. YOGA - Community Ctr.	10:00-11:00 a.m.  GENTLE YOGA- Community Ctr  10:00 a.m12:00 p.m.  SENIOR BOCCE - Bocce Courts	30 10:00 - 10:45 a.m. ZUMBA GOLD - Community Ctr	9:00 a.m 12:00 p.m. SENIOR CLUB PICKLEBALL  Haggy halfowen	01