

Ringwood Recreation 2025

the fun starts here!

YOGA - FALL

Register online at CommunityPass.net under the season
"Adult Sports and Exercise Programs 2025-2026"

TUESDAYS EVENINGS - 5 CLASSES - \$25

6:30-7:30 PM

SEPTEMBER 2, 9, 16, 30 & OCTOBER 7

(no session on September 23rd)

**** PICK ONE SESSION (NO SUBSTITUTIONS) ****

WEDNESDAYS MORNINGS - 5 CLASSES - \$25

10:00-11:00 AM

SEPTEMBER 10, 17, 24 & OCTOBER 1, 8

**Ringwood Community Center
112 Erskine Road**

INSTRUCTOR: VIOLETTE ESSMAN
Please bring your own yoga mat



Questions? email recdept@ringwoodnj.net or call (973) 475-7171