

Ringwood Recreation 2025
the fun starts here!

YOGA - SPRING

Register online at CommunityPass.net under the season "Adult Sports and Exercise Programs"

TUESDAYS - SESSION I - 8 CLASSES - \$40

6:30-7:30 PM

APRIL 29, MAY 6, 13, 20, 27, JUNE 3, 10, 17

**** PICK ONE SESSION (NO SUBSTITUTIONS) ****

WEDNESDAYS - SESSION II - 8 CLASSES - \$40

10:00-11:00 AM

APRIL 30, MAY 7, 14, 21, 28, JUNE 4, 11, 18

**Ringwood Community Center
112 Erskine Road**

INSTRUCTOR: VIOLETTE ESSMAN
Please bring your own yoga mat



Questions? email recdept@ringwoodnj.net or call (973) 475-7171