

# *Ringwood Recreation 2026* *the fun starts here!*

## YOGA – WINTER

Register online at [CommunityPass.net](https://CommunityPass.net) under the season  
"Adult Sports and Exercise Programs 2025-2026"

**TUESDAYS EVENINGS - 8 CLASSES - \$40**

**6:30-7:30 PM**

**JANUARY 6, 13, 20, 27 FEBRUARY 3, 10, 17, 24**

**\*\* PICK ONE SESSION (NO SUBSTITUTIONS) \*\***

**WEDNESDAYS MORNINGS - 7 CLASSES - \$35**

**10:00-11:00 AM**

**JANUARY 7, 14, 21, 28 FEBRUARY 4, 11, 25**

**(NO SESSION ON 2/18)**

**Ringwood Community Center, 112 Erskine Road**

INSTRUCTOR: VIOLETTE ESSMAN  
Please bring your own yoga mat



Questions? email [recdept@ringwoodnj.net](mailto:recdept@ringwoodnj.net) or call (973) 475-7171